MAY							
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
					2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

JUNE							
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30						

Phase 0	Phase 1	Phase 2	Phase 3	
Individual walks (1)	Opening of shops, except commercial centres	Opening of the interior of restaurants at 30% of capacity	General permission for unre- stricted movement	
Individual sport and exercise (1)	Opening of bar/restaurant terraces subject to 30% nor- mal capacity	Opening of education estab- lishments for revision classes or for selection processes	Commercial centres at 50% of capacity with distancing of two metres	
Food take-away shops by appointment	Opening of hotels and tour- ist accommodation exclud- ing common areas. Visits to second homes within the province	Opening of cinemas, theatres and similar at one third of capacity	Increased capacity in bars/ restaurants, preserving safe distancing	
Individual professional sportsperson training	Cultural spaces at 30% of normal capacity	Cultural centres at one third of capacity. If open air with a maximum of 400 seats		
Preparation of all commercial properties subject to protection measures	Opening of elite sports training centres	Cultural spaces at 50% capacity		

General concepts:

The above is a default timetable which will be varied in each province, based on the status of the virus in the population. The new 'normality' will commence on 25 June when travel between provinces will be permitted. Social distancing and other security measures will continue.

Note (1)

06:00 - 10:00 and 20:00 - 23:00 Adults and teenagers 14 by themselves or accompanied by someone aged 14-70 from the same household can go out for a walk once a day within a one-kilometre radius of home. They can also practise any individual sport once a day and in this case they are free to go anywhere within municipal boundaries.

11:00 - 12:00 and 19:00—20:00 Over-70s by themselves or accompanied by someone aged 14-70 from the same household, dependent citizens with carers, can go out for a walk once a day within, a one-kilometre radius of the home.

12:00 - 19:00. A parent can go out with children (under 14s) for one hour a day within a one-kilometre radius of home. For municipalities with less than 5.000 people, the above timetable does not apply and all may go out at any time between 06:00 and 23:00.

In Andalucia these are: Alcaucín, Alfarnate, Alfarnatejo, Algatocín, Almáchar, Almargen, Almogía, Alozaina, Alpandeire, Árchez, Ardales, Arenas, Arriate, Atajate, Benadalid, Benalauría, Benamargosa, Benamocarra, Benaoján, Benarrabá, El Borge, El Burgo, Canillas de Aceituno, Canillas de Albaida Cañete la Real, Carratraca, Cartajima, Casabermeja, Casarabonela, Colmenar, Comares, Cómpeta, Cortes de la Frontera, Cuevas Bajas Cuevas de San Marcos, Cuevas del Becerro, Cútar, Faraján, Frigiliana, Fuente de Piedra, Gaucín, Genalguacil, Guaro, Humilladero, Igualeja, Istán, Iznate, Jimera de Líbar, Jubrique, Júzcar, Macharaviaya, Moclinejo, Monda, Montecorto, Montejaque, Ojén, Parauta, Periana, Pujerra, Riogordo, Salares, Sayalonga, Sedella, Serrato, Sierra de Yeguas Teba, Tolox, Totalán, Valle de Abdalajís, Villanueva de Algaidas, Villanueva de Ia Concepción, Villanueva de Tapia, Villanueva del Rosario Viñuela y Yunquera.